

## Conclusion Remarks

Epidemic of violence has captured today almost all world. It has appeared at the centre of attention of the political figures, public, press. In attempts to understand the reasons of this phenomenon the diversified aspects are discussed. But only very small group of the experts while understands and considers prenatal (prebirth) sources of violence.

The aggression is the integral characteristic of all alive, and this quality as vitally necessary is found out in the memory of genes. Therefore its complete elimination is hardly probable possible. We can really speak about the regulation of display of this quality, namely, about decrease of aggression to a level of not admitting transition to the violence.

The scientists, who is working in area prenatal and perinatal psychology and medicine, are trying to involve attention of a public to the prenatal period of life of the man, when there is a unique opportunity of primary preventive maintenance of infringements of physical and mental health of the people, a unique opportunity to interrupt a circle of violence.

The following opening of last decades became the basis for such statement: a) of emotional - psychological perception of the unborn child, b) of emotional - psychological interaction between the mother and her unborn child, c) presence at him of the prebirth memory. We have begun to understand, that the memory of the unborn child can tenaciously to keep impressions from events emotionally experienced by the mother, hers latent ideas and emotions, which in subsequent render the influence on a mentality, emotional reactions, and style of behaviour of the child and adult.

These opening have allowed to understand ways of preservation and escalating of the giftedness of children. But they have found out prenatal sources of the psychological problems of the man, which before were not a reasonable explanation. These opening have allowed to understand, that the raised aggression and violence have perinatal roots connected to inclusion in memory of the child of the impressions from emotional non-acceptance, and mental repudiating by the mother of her child, her attempts to make an abortion.

On this background the child can perceive the not complicated labor as threat to life, as the next violence directed against him. These feelings of the child can be supported in a case of obstetrics' operations, violent and painful manipulations, dissociation the child with his mother in branch of the new-borns. The perinatal traumas after birth can be transformed and promote formation of a complex of psychological features, and violent education, rejecting, humiliation or indifference can realise the child's/ adult's propensity to violence. In case of the appropriate conditions such individual can show cruelty, violent actions, indifference and cynicism in relation to a victim, to make murder and suicide. If such individual occupies a high rule in a community due to his own mind, acquired knowledge, organising talents, the damage from him to a community is difficult for predicting, and the number of his victims can appear incalculable.

The impressions, which the child received before, in time and after birth, can be summarised and be accumulated. They probably create at the person the requirement to receive the energizing from the scene of violence. The founders of films of horrors on TV and in cinema, removing and showing scenes of violence, actually carry out the social - psychological order of the large group of the spectators, who is resonant on the same wave of violence. The psychiatrists and psychotherapists even give a substantiation to violence on the screen: the people should reset both the stress and aggression. But if at the man the level of aggression not so high, he by willy-nilly is

immersed to the atmosphere of violence, begins to consider violence as "a social norm", and according to it builds his behaviour or as the minimum is tolerant concerns to the acts of violence.

All this promotes "smog" of violence existing now in the world as the domestic and street violence, ideological, national and religious extremism, state revolutions and interstate wars, and global terrorism, which we observe today.

Believe, that the state violence can not be the answer to the street violence, that the violence begets violence. But how to be with the terrorists, which announce themselves suicide bomb? How it is necessary to act today, when there is actually a terrorist war in the world?

Deciding tactical questions on destruction of terrorist organisations, the community has to give a special attention of the long-term strategy directed on elimination of those factors, which promote occurrence of the people inclined to violence.

We believe that the first step to this can be **rearrangement of public opinion** about necessity of the careful relation to the unborn child from the moment of conception on the basis of new realities connected to detection of emotional - psychological perception of the unborn child and presence at him prebirth memory.

This process can appear long and painful as it requires the deep transformation of philosophical sights of huge number of the people, which well have got on with existing now performances, and new of it - can be for them for whatever reasons inconvenient, unacceptable, limiting their behaviour: for example, the refusal of abortions or selective abortions.

The resistance to the development of the prenatal and perinatal psychology can be seen at our times. The resistance to the new philosophy can go on the part of the men, which got accustomed (and hardly probable want to part) with the leading position in a society. According to the religious instructions in a Christianity, Islam, Judaism the conducting role belongs to the men, and it is the sign of their self-value, and self-esteem. We do not conduct here speech about change of an existing situation. The dominant role of the men long since connected with the getting of means both to existence and protection of the women and children. However, at times the men forget about it and this mutual relation accept the ugly forms: the defenders are converting to assaulters.

The violence against the women has resulted them to the organised protection against the men. The ideas of feminism creatively developed and came for example to such slogan: the woman has the right to be in command of her body. It meant, that the struggle with violence against the women has caused other form of violence: the women against of unborn children, also has resulted in legalisation of abortions in many countries.

The authors of this book are unanimous in the opinion: every child should be wanted child. The child has to feel the love of both parents during all the months of mother's pregnancy.

The efforts of a society should be directed to the maximal elimination of psycho-traumatic events, both aggression and violence against the woman and her child. Pregnant women have to aspire to the maximal protection of children from negative influences social and natural environment , to elimination of handicapes of their mental and physical development.

Already now in the different countries of the world the schools of the prebirth education of the child, and actually for parents are functioning. Unfortunately, they are still not numerous and have not involved in itself the general attention, but it be necessary to lift their status up to a level state and to ensure with the trained staff, Programs and equipment.

The formation of **new philosophy and technology birth-care** should become the second step. It is necessary to strengthen social - psychological education of the personnel, that will allow competently to conduct psychological support and to render support to the pregnant woman from the first trimester of pregnancy. It is called to reduce a level of stress of the mother, the volume of the negative information, received by her, to warn compelled of intervention of the professionals, which can put not only physical, but, first of all, psychological trauma to the child.

The continuation of **scientific researches** in area of prenatal psychology should become the third obligatory aspect. They should find the answers to key theoretical questions: what ways and mechanisms of transfer of the information from the mother to the child and back, what is the mechanisms of memory of the baby and restoration of the information at the adult in the subsequent life?

The answers to these and other questions will allow closer to approach to understanding that we name by mentality of the man, to the decision of a line of psychological problems of the living people and prevention of those at the future generations of the people.

Thus, the professionals who working in area of prenatal and perinatal psychology and medicine, show that the prebirth period of life of the man is the time, when the strengthening of aggressive and other negative qualities of character of the born man is possible. On this background the subsequent violent education of the child, the social conditions and environment are capable to realise these qualities, which are shown as violence of a different degree: down to murders (single, serial or terrorist action) and suicides (single or suicide-bomb). The professionals simultaneously bring in a lot of the offers, which are called to weaken the level of violence, to reduce number of the persons inclined to violence. The realisation of these offers definitely will bring in harmony to life of a human society. The realisation of these offers definitely will bring in harmony to life of a human society and will promote decrease of a level of violence in the world.